



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

### PAPENFUß, Jürgen

Club: Kaiserjäger

Number: 193

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 1:27:34

Speed: 17.13 km/h

Running performance: 3:26 min/km

Rank in course/Total: 77 (of 157)

Rank in course/Men: 62 (of 115)

Best time in course: 1:04:56

Rank in category: 10(of 19)

Best time in the category: 1:05:20

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	13:27	26:53	15	4:44	90	5:25	0.50	13:27	26:53	15	4:44	90	5:25
Rad	20.00	47:58	2:23	7	10:51	48	10:51	20.50	1:01:25	2:59	8	15:35	57	15:35
Lauf	5.00	26:09	5:13	10	6:39	73	8:55	25.50	1:27:34	3:26	10	22:14	62	22:38