



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

RÖHRIG, Robin

Club: -

Number: 107

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 1:28:07

Speed: 17.02 km/h

Running performance: 3:28 min/km

Rank in course/Total: 80 (of 157)

Rank in course/Men: 64 (of 115)

Best time in course: 1:04:56

Rank in category: 9(of 16)

Best time in the category: 1:08:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:49	23:37	6	2:55	53	3:47	0.50	11:49	23:37	6	2:55	53	3:47
Rad	20.00	52:50	2:38	11	12:12	80	15:43	20.50	1:04:39	3:09	9	15:07	72	18:49
Lauf	5.00	23:28	4:41	6	4:09	46	6:14	25.50	1:28:07	3:27	9	19:16	64	23:11