



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

REICHSTEIN, Stefan

Club: TVG Kaiserau

Number: 112

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 1:29:11

Speed: 16.82 km/h

Running performance: 3:30 min/km

Rank in course/Total: 86 (of 157)

Rank in course/Men: 67 (of 115)

Best time in course: 1:04:56

Rank in category: 9(of 13)

Best time in the category: 1:04:56

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Schwimmen | 0.50 | 11:52 | 23:44 | 10 | 3:29 | 58 | 3:50 | 0.50 | 11:52 | 23:44 | 10 | 3:29 | 58 | 3:50 |
| Rad | 20.00 | 51:41 | 2:35 | 10 | 14:32 | 71 | 14:34 | 20.50 | 1:03:33 | 3:05 | 10 | 17:43 | 67 | 17:43 |
| Lauf | 5.00 | 25:38 | 5:07 | 7 | 8:24 | 68 | 8:24 | 25.50 | 1:29:11 | 3:29 | 9 | 24:15 | 67 | 24:15 |