



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

HAHN, Volkmar

Club: -

Number: 160

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 1:30:17

Speed: 16.61 km/h

Running performance: 3:32 min/km

Rank in course/Total: 94 (of 157)

Rank in course/Men: 73 (of 115)

Best time in course: 1:04:56

Rank in category: 13(of 17)

Best time in the category: 1:05:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.50	13:10	26:19	16	5:08	84	5:08	0.50	13:10	26:19	16	5:08	84	5:08				
Rad	20.00	51:52	2:35	14	12:21	74	14:45	20.50	1:05:02	3:10	15	16:58	75	19:12				
Lauf	5.00	25:15	5:02	11	7:21	64	8:01	25.50	1:30:17	3:32	13	24:19	73	25:21				