



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

WAGENER, Patrick

Club: Non-Stop Ultra Brakel

Number: 303

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 1:31:01

Speed: 16.48 km/h

Running performance: 3:37 min/km

Rank in course/Total: 14 (of 19)

Rank in course/Men: 9 (of 9)

Best time in course: 1:04:46

Rank in category: 1(of 1)

Best time in the category: 1:31:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.20	4:46	23:49	1	-	5	0:37	0.20	4:46	23:49	1	-	5	0:37				
Rad	20.00	59:58	2:59	1	-	9	19:24	20.20	1:04:44	3:12	1	-	9	20:01				
Lauf	5.00	26:17	5:15	1	-	9	6:14	25.20	1:31:01	3:36	1	-	9	26:15				