



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

SCHULTE, Ralf

Club: Fit4Tri Lippstadt

Number: 238

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 1:33:12

Speed: 16.09 km/h

Running performance: 3:39 min/km

Rank in course/Total: 106 (of 157)

Rank in course/Men: 83 (of 115)

Best time in course: 1:04:56

Rank in category: 15(of 17)

Best time in the category: 1:05:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:02	26:03	15	5:00	82	5:00	0.50	13:02	26:03	15	5:00	82	5:00
Rad	20.00	48:46	2:26	13	9:15	55	11:39	20.50	1:01:48	3:00	13	13:44	60	15:58
Lauf	5.00	31:24	6:16	16	13:30	101	14:10	25.50	1:33:12	3:39	15	27:14	83	28:16