



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

DROSTE, Julian

Club: -

Number: 110

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 1:34:50

Speed: 15.82 km/h

Running performance: 3:43 min/km

Rank in course/Total: 110 (of 157)

Rank in course/Men: 87 (of 115)

Best time in course: 1:04:56

Rank in category: 12(of 16)

Best time in the category: 1:08:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	14:01	28:02	12	5:07	96	5:59	0.50	14:01	28:02	12	5:07	96	5:59
Rad	20.00	54:43	2:44	13	14:05	88	17:36	20.50	1:08:44	3:21	13	19:12	90	22:54
Lauf	5.00	26:06	5:13	12	6:47	72	8:52	25.50	1:34:50	3:43	12	25:59	87	29:54