



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

JUNGESBLUT, Martina

Club: Tri Team Selm

Number: 115

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Seniorinnen 2 (45-49 Jahre)

Total time: 1:29:43

Speed: 16.72 km/h

Running performance: 3:31 min/km

Rank in course/Total: 89 (of 157)

Rank in course/Women: 20 (of 42)

Best time in course: 1:12:08

Rank in category: 2(of 6)

Best time in the category: 1:27:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:04	22:07	3	0:32	21	2:58	0.50	11:04	22:07	3	0:32	21	2:58
Rad	20.00	53:29	2:40	2	3:31	21	11:18	20.50	1:04:33	3:08	2	4:03	19	14:16
Lauf	5.00	25:10	5:01	1	-	15	3:54	25.50	1:29:43	3:31	2	2:05	20	17:35