



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

BAHN, Petra

Club: Privatsportschule Jezow

Number: 319

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

Seniorinnen 3 (50-54 Jahre)

Total time: 1:34:05

Speed: 15.94 km/h

Running performance: 3:44 min/km

Rank in course/Total: 16 (of 19)

Rank in course/Women: 7 (of 10)

Best time in course: 1:07:38

Rank in category: 1(of 2)

Best time in the category: 1:34:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.20	5:43	28:34	1	-	7	2:00	0.20	5:43	28:34	1	-	7	2:00
Rad	20.00	1:00:02	3:00	2	1:07	9	16:50	20.20	1:05:45	3:15	2	0:38	9	18:38
Lauf	5.00	28:20	5:39	1	-	6	7:49	25.20	1:34:05	3:44	1	-	7	26:27