



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

KARPER, Christian

Club: ---

Number: 148

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 1:38:20

Speed: 15.56 km/h

Running performance: 3:52 min/km

Rank in course/Total: 120 (of 157)

Rank in course/Men: 92 (of 115)

Best time in course: 1:04:56

Rank in category: 10(of 11)

Best time in the category: 1:14:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:04	22:07	7	1:26	38	3:02	0.50	11:04	22:07	7	1:26	38	3:02
Rad	20.00	57:28	2:52	10	14:16	94	20:21	20.50	1:08:32	3:20	9	14:39	88	22:42
Lauf	5.00	29:48	5:57	10	9:40	97	12:34	25.50	1:38:20	3:51	10	24:18	92	33:24