



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

REISING, Laura

Club: TriTeam Burgwald

Number: 283

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK1 weiblich (20-24 Jahre)

Total time: 1:35:55

Speed: 15.64 km/h

Running performance: 3:46 min/km

Rank in course/Total: 113 (of 157)

Rank in course/Women: 25 (of 42)

Best time in course: 1:12:08

Rank in category: 2(of 4)

Best time in the category: 1:22:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.50	10:04	20:07	3	1:14	7	1:58	0.50	10:04	20:07	3	1:14	7	1:58				
Rad	20.00	58:37	2:55	2	10:02	33	16:26	20.50	1:08:41	3:21	2	9:17	28	18:24				
Lauf	5.00	27:14	5:26	2	4:34	23	5:58	25.50	1:35:55	3:45	2	13:51	25	23:47				