



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

**SCHOTTEK, Benjamin**

Club: Tritus SV Neptun Neheim-Hüsten

Number: 475

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK4 männlich (35-39 Jahre)

Total time: 2:40:53

Speed: 20.51 km/h

Running performance: 2:54 min/km

Rank in course/Total: 15 (of 84)

Rank in course/Men: 14 (of 69)

Best time in course: 2:18:58

Rank in category: 2(of 8)

Best time in the category: 2:40:12

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	26:49	17:52	2	1:25	16	5:55	1.50	26:49	17:52	2	1:25	16	5:55
Rad	44.00	1:28:30	2:00	2	1:59	15	9:31	45.50	1:55:19	2:32	2	1:56	12	13:40
Lauf	10.00	45:34	4:33	3	3:37	20	8:15	55.50	2:40:53	2:53	2	0:41	14	21:55