



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

STEINHAUSEN, Luca

Club: Geschwister Scholl Gymnasium Winterberg
Number: 228

Course: 25.50 km
Volksdistanz (0,50-20,00-5,00)

Category:
Junioren (18+19 Jahre)

Total time: 1:40:36

Speed: 14.91 km/h
Running performance: 3:57 min/km

Rank in course/Total: 128 (of 157)

Rank in course/Men: 97 (of 115)

Best time in course: 1:04:56

Rank in category: 3(of 4)

Best time in the category: 1:14:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:58	29:56	3	4:05	102	6:56	0.50	14:58	29:56	3	4:05	102	6:56
Rad	20.00	59:56	2:59	3	18:56	99	22:49	20.50	1:14:54	3:39	3	23:01	102	29:04
Lauf	5.00	25:42	5:08	4	5:06	69	8:28	25.50	1:40:36	3:56	3	26:36	97	35:40