



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

STAHL, Teresa

Club: -

Number: 105

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK3 weiblich (30-34 Jahre)

Total time: 1:42:45

Speed: 14.60 km/h

Running performance: 4:02 min/km

Rank in course/Total: 134 (of 157)

Rank in course/Women: 36 (of 42)

Best time in course: 1:12:08

Rank in category: 6(of 7)

Best time in the category: 1:16:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:36	25:11	5	3:07	32	4:30	0.50	12:36	25:11	5	3:07	32	4:30
Rad	20.00	1:00:03	3:00	7	15:40	38	17:52	20.50	1:12:39	3:32	6	17:21	37	22:22
Lauf	5.00	30:06	6:01	6	8:50	30	8:50	25.50	1:42:45	4:01	6	26:11	36	30:37