



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

PECK, Thomas

Club: Marathon Soest -Team Triathlon

Number: 469

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 2:44:05

Speed: 20.11 km/h

Running performance: 2:58 min/km

Rank in course/Total: 19 (of 84)

Rank in course/Men: 18 (of 69)

Best time in course: 2:18:58

Rank in category: 2(of 5)

Best time in the category: 2:23:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	33:48	22:31	4	12:54	56	12:54	1.50	33:48	22:31	4	12:54	56	12:54
Rad	44.00	1:25:43	1:56	2	4:11	10	6:44	45.50	1:59:31	2:37	2	17:05	22	17:52
Lauf	10.00	44:34	4:27	2	3:02	17	7:15	55.50	2:44:05	2:57	2	20:07	18	25:07