



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

REICHERT, Dominik

Club: -

Number: 235

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK4 männlich (35-39 Jahre)

Total time: 1:43:51

Speed: 14.44 km/h

Running performance: 4:04 min/km

Rank in course/Total: 136 (of 157)

Rank in course/Men: 99 (of 115)

Best time in course: 1:04:56

Rank in category: 7(of 10)

Best time in the category: 1:23:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:01	22:02	2	2:33	37	2:59	0.50	11:01	22:02	2	2:33	37	2:59
Rad	20.00	1:04:12	3:12	8	17:30	106	27:05	20.50	1:15:13	3:40	8	15:39	103	29:23
Lauf	5.00	28:38	5:43	7	5:08	90	11:24	25.50	1:43:51	4:04	7	20:21	99	38:55