



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

**MEHLHORN, Finn**

Club: LTV Lippstadt

Number: 7

Course: 6.22 km

Schüler- und Jugendtriathlon (0,2-5,00-1,00)

Category:

männliche Jugend B (14+15 Jahre)

Total time: 22:05

Speed: 16.30 km/h

Running performance: 3:33 min/km

Rank in course/Total: 2 (of 28)

Rank in course/Men: 2 (of 18)

Best time in course: 19:37

Rank in category: 2(of 4)

Best time in the category: 19:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.20	3:52	19:19	2	0:22	2	0:22	0.20	3:52	19:19	2	0:22	2	0:22
Wechsel S -> R	0.01	3:02	303:19	4	0:58	15	1:07	0.21	6:54	32:51	2	1:20	2	1:20
Rad netto	5.00	8:29	1:41	1	-	2	8:26	5.21	15:23	2:57	2	0:35	5	7:46
Rad	0.01	1:20	133:19	2	0:20	2	0:20	5.22	16:43	3:12	2	0:55	2	0:55
Lauf	1.00	5:22	5:21	4	1:33	10	1:33	6.22	22:05	3:33	2	2:28	2	2:28