



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

RECKEMEIER, Rebecca

Club: RRV Hameln

Number: 427

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK4 weiblich (35-39 Jahre)

Total time: 2:44:37

Speed: 20.23 km/h

Running performance: 2:58 min/km

Rank in course/Total: 20 (of 84)

Rank in course/Women: 2 (of 15)

Best time in course: 2:36:33

Rank in category: 1(of 4)

Best time in the category: 2:44:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	27:22	18:14	1	-	4	0:37	1.50	27:22	18:14	1	-	4	0:37
Rad	44.00	1:32:00	2:05	1	-	2	3:43	45.50	1:59:22	2:37	1	-	2	3:40
Lauf	10.00	45:15	4:31	1	-	2	4:24	55.50	2:44:37	2:57	1	-	2	8:04