



10. ITH-Hennessee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

HUSS, Claudia

Club: TuS Köln rrh

Number: 317

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

Seniorinnen 2 (45-49 Jahre)

Total time: 1:43:17

Speed: 14.64 km/h

Running performance: 4:06 min/km

Rank in course/Total: 19 (of 19)

Rank in course/Women: 10 (of 10)

Best time in course: 1:07:38

Rank in category: 1(of 1)

Best time in the category: 1:43:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.20	6:20	31:39	1	-	10	2:37	0.20	6:20	31:39	1	-	10	2:37
Rad	20.00	1:05:23	3:16	1	-	10	22:11	20.20	1:11:43	3:33	1	-	10	24:36
Lauf	5.00	31:34	6:18	1	-	9	11:03	25.20	1:43:17	4:05	1	-	10	35:39