



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

BECHER, Sabine

Club: TPSK

Number: 256

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Seniorinnen 3 (50-54 Jahre)

Total time: 1:46:57

Speed: 14.03 km/h

Running performance: 4:11 min/km

Rank in course/Total: 142 (of 157)

Rank in course/Women: 39 (of 42)

Best time in course: 1:12:08

Rank in category: 6(of 6)

Best time in the category: 1:18:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.50	11:17	22:33	5	1:43	24	3:11	0.50	11:17	22:33	5	1:43	24	3:11				
Rad	20.00	57:13	2:51	5	14:01	29	15:02	20.50	1:08:30	3:20	5	14:36	27	18:13				
Lauf	5.00	38:27	7:41	6	16:23	41	17:11	25.50	1:46:57	4:11	6	28:24	39	34:49				