



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

JÜRGENS, Klaus-Dieter

Club: TCRW Kirchhunden

Number: 210

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 8 (75-80 Jahre)

Total time: 1:47:25

Speed: 13.96 km/h

Running performance: 4:13 min/km

Rank in course/Total: 143 (of 157)

Rank in course/Men: 104 (of 115)

Best time in course: 1:04:56

Rank in category: 1(of 1)

Best time in the category: 1:47:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:57	23:53	1	-	59	3:55	0.50	11:57	23:53	1	-	59	3:55
Rad	20.00	1:03:17	3:09	1	-	104	26:10	20.50	1:15:14	3:40	1	-	104	29:24
Lauf	5.00	32:11	6:26	1	-	103	14:57	25.50	1:47:25	4:12	1	-	104	42:29