



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

HORN, Christian

Club: LG Burg Wiedenbrück

Number: 435

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 2:48:43

Speed: 19.56 km/h

Running performance: 3:02 min/km

Rank in course/Total: 26 (of 84)

Rank in course/Men: 24 (of 69)

Best time in course: 2:18:58

Rank in category: 2(of 9)

Best time in the category: 2:36:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	31:12	20:48	6	8:42	44	10:18	1.50	31:12	20:48	6	8:42	44	10:18
Rad	44.00	1:38:44	2:14	6	13:37	42	19:45	45.50	2:09:56	2:51	6	17:50	42	28:17
Lauf	10.00	38:47	3:52	1	-	3	1:28	55.50	2:48:43	3:02	2	12:34	24	29:45