



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

GUNTERMANN, Simon

Club: BW Hesborn

Number: 219

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

männliche Jugend A (16+17 Jahre)

Total time: 1:48:02

Speed: 13.88 km/h

Running performance: 4:14 min/km

Rank in course/Total: 144 (of 157)

Rank in course/Men: 105 (of 115)

Best time in course: 1:04:56

Rank in category: 4(of 7)

Best time in the category: 1:25:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	16:20	32:39	4	6:51	107	8:18	0.50	16:20	32:39	4	6:51	107	8:18
Rad	20.00	1:00:16	3:00	4	11:47	103	23:09	20.50	1:16:36	3:44	4	15:34	105	30:46
Lauf	5.00	31:26	6:17	6	8:30	102	14:12	25.50	1:48:02	4:14	4	22:14	105	43:06