



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

KURTEN, Ayleen

Club: Wasserfreunde Finnentrop

Number: 156

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK1 weiblich (20-24 Jahre)

Total time: 1:50:45

Speed: 13.54 km/h

Running performance: 4:20 min/km

Rank in course/Total: 147 (of 157)

Rank in course/Women: 41 (of 42)

Best time in course: 1:12:08

Rank in category: 3(of 4)

Best time in the category: 1:22:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:49	19:37	2	0:59	6	1:43	0.50	9:49	19:37	2	0:59	6	1:43
Rad	20.00	1:08:43	3:26	3	20:08	41	26:32	20.50	1:18:32	3:49	3	19:08	41	28:15
Lauf	5.00	32:13	6:26	3	9:33	38	10:57	25.50	1:50:45	4:20	3	28:41	41	38:37