



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

PROTT, Berthold

Club: Tri Team Selm

Number: 463

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 2:52:16

Speed: 19.33 km/h

Running performance: 3:06 min/km

Rank in course/Total: 33 (of 84)

Rank in course/Men: 30 (of 69)

Best time in course: 2:18:58

Rank in category: 6(of 16)

Best time in the category: 2:39:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	27:49	18:32	3	0:38	24	6:55	1.50	27:49	18:32	3	0:38	24	6:55
Rad	44.00	1:35:10	2:09	7	9:56	31	16:11	45.50	2:02:59	2:42	5	10:12	25	21:20
Lauf	10.00	49:17	4:55	8	5:56	34	11:58	55.50	2:52:16	3:06	6	12:43	30	33:18