



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

**PIENING, Bernd**

Club: Ute Mückel Triathlon e.V.

Number: 464

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 2:54:12

Speed: 18.94 km/h

Running performance: 3:08 min/km

Rank in course/Total: 35 (of 84)

Rank in course/Men: 32 (of 69)

Best time in course: 2:18:58

Rank in category: 8(of 17)

Best time in the category: 2:31:21

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	29:55	19:56	8	7:01	37	9:01	1.50	29:55	19:56	8	7:01	37	9:01
Rad	44.00	1:36:19	2:11	9	12:40	33	17:20	45.50	2:06:14	2:46	8	17:55	33	24:35
Lauf	10.00	47:58	4:47	6	7:28	29	10:39	55.50	2:54:12	3:08	8	22:51	32	35:14