



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

GABRIEL, Vitus

Club: -

Number: 205

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 1:53:45

Speed: 13.19 km/h

Running performance: 4:28 min/km

Rank in course/Total: 149 (of 157)

Rank in course/Men: 108 (of 115)

Best time in course: 1:04:56

Rank in category: 15(of 16)

Best time in the category: 1:08:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	17:02	34:04	15	8:08	110	9:00	0.50	17:02	34:04	15	8:08	110	9:00
Rad	20.00	1:09:03	3:27	15	28:25	108	31:56	20.50	1:26:05	4:11	15	36:33	109	40:15
Lauf	5.00	27:40	5:31	13	8:21	87	10:26	25.50	1:53:45	4:27	15	44:54	108	48:49