



10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

Detailed evaluation

LEISSE, Edmund

Club: PSV Brilon

Number: 231

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 5 (60-64 Jahre)

Total time: 1:56:24

Speed: 12.89 km/h

Running performance: 4:34 min/km

Rank in course/Total: 150 (of 157)

Rank in course/Men: 109 (of 115)

Best time in course: 1:04:56

Rank in category: 3(of 3)

Best time in the category: 1:23:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	15:46	31:32	3	4:06	106	7:44	0.50	15:46	31:32	3	4:06	106	7:44
Rad	20.00	1:08:26	3:25	3	24:12	107	31:19	20.50	1:24:12	4:06	3	28:18	108	38:22
Lauf	5.00	32:12	6:26	3	7:08	104	14:58	25.50	1:56:24	4:33	3	32:56	109	51:28