



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

STEINHAUSEN, Louis

Club: Geschwister Scholl Gymnasium Winterberg
Number: 227

Course: 25.50 km
Volksdistanz (0,50-20,00-5,00)

Category:
männliche Jugend A (16+17 Jahre)

Total time: 1:57:38

Speed: 12.75 km/h
Running performance: 4:37 min/km

Rank in course/Total: 151 (of 157)

Rank in course/Men: 110 (of 115)

Best time in course: 1:04:56

Rank in category: 6(of 7)

Best time in the category: 1:25:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	17:15	34:30	6	7:46	111	9:13	0.50	17:15	34:30	6	7:46	111	9:13
Rad	20.00	1:10:36	3:31	7	22:07	111	33:29	20.50	1:27:51	4:17	7	26:49	111	42:01
Lauf	5.00	29:47	5:57	5	6:51	96	12:33	25.50	1:57:38	4:36	6	31:50	110	52:42