



10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

Detailed evaluation

WERNER, Karsten

Club: vereinslos

Number: 433

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 3:01:21

Speed: 18.20 km/h

Running performance: 3:16 min/km

Rank in course/Total: 48 (of 84)

Rank in course/Men: 41 (of 69)

Best time in course: 2:18:58

Rank in category: 5(of 9)

Best time in the category: 2:36:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	29:42	19:48	4	7:12	34	8:48	1.50	29:42	19:48	4	7:12	34	8:48
Rad	44.00	1:37:22	2:12	5	12:15	36	18:23	45.50	2:07:04	2:47	4	14:58	36	25:25
Lauf	10.00	54:17	5:25	6	15:30	51	16:58	55.50	3:01:21	3:16	5	25:12	41	42:23