



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

PÉREZ GOMES, Dennis

Club: Team PGB

Number: 456

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 3:02:13

Speed: 18.27 km/h

Running performance: 3:17 min/km

Rank in course/Total: 51 (of 84)

Rank in course/Men: 44 (of 69)

Best time in course: 2:18:58

Rank in category: 6(of 7)

Best time in the category: 2:27:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	29:49	19:52	6	5:15	36	8:55	1.50	29:49	19:52	6	5:15	36	8:55
Rad	44.00	1:44:06	2:21	6	20:26	56	25:07	45.50	2:13:55	2:56	6	25:41	48	32:16
Lauf	10.00	48:18	4:49	4	8:41	30	10:59	55.50	3:02:13	3:16	6	34:22	44	43:15