



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

KRASCH, Joachim

Club: vereinslos

Number: 441

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 3:05:40

Speed: 17.77 km/h

Running performance: 3:21 min/km

Rank in course/Total: 58 (of 84)

Rank in course/Men: 49 (of 69)

Best time in course: 2:18:58

Rank in category: 12(of 17)

Best time in the category: 2:31:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	35:05	23:23	12	12:11	60	14:11	1.50	35:05	23:23	12	12:11	60	14:11
Rad	44.00	1:39:22	2:15	12	15:43	43	20:23	45.50	2:14:27	2:57	13	26:08	50	32:48
Lauf	10.00	51:13	5:07	9	10:43	38	13:54	55.50	3:05:40	3:20	12	34:19	49	46:42