



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

FRIGGE, Jurij

Club: Team Burn Baby

Number: 23

Course: 6.22 km

Schüler- und Jugendtriathlon (0,2-5,00-1,00)

Category:

männliche Schüler A (12+13 Jahre)

Total time: 32:50

Speed: 10.96 km/h

Running performance: 5:17 min/km

Rank in course/Total: 27 (of 28)

Rank in course/Men: 18 (of 18)

Best time in course: 19:37

Rank in category: 5(of 5)

Best time in the category: 23:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.20	6:10	30:49	4	1:05	15	2:40	0.20	6:10	30:49	4	1:05	15	2:40
Wechsel S -> R	0.01	2:46	276:39	3	0:30	11	0:51	0.21	8:56	42:32	3	1:33	14	3:22
Rad netto	5.00	14:19	2:51	5	14:16	15	14:16	5.21	23:15	4:27	5	15:26	17	15:38
Rad	0.01	2:02	203:19	4	0:39	13	1:02	5.22	25:17	4:50	5	5:51	16	9:29
Lauf	1.00	7:33	7:32	5	3:13	18	3:44	6.22	32:50	5:16	5	9:01	18	13:13