



10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

Detailed evaluation

JANTA, Claudia

Club: Tris Star Oelde

Number: 474

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Seniorinnen 2 (45-49 Jahre)

Total time: 3:08:03

Speed: 17.55 km/h

Running performance: 3:23 min/km

Rank in course/Total: 60 (of 84)

Rank in course/Women: 10 (of 15)

Best time in course: 2:36:33

Rank in category: 2(of 2)

Best time in the category: 2:58:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	26:45	17:49	1	-	1	-	1.50	26:45	17:49	1	-	1	-
Rad	44.00	1:45:56	2:24	2	7:34	10	17:39	45.50	2:12:41	2:54	2	2:27	8	16:59
Lauf	10.00	55:22	5:32	2	6:50	10	14:31	55.50	3:08:03	3:23	2	9:17	10	31:30