



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

WITTIG, Max

Club: Gooarnix

Number: 488

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 3:13:25

Speed: 17.06 km/h

Running performance: 3:29 min/km

Rank in course/Total: 64 (of 84)

Rank in course/Men: 54 (of 69)

Best time in course: 2:18:58

Rank in category: 5(of 5)

Best time in the category: 2:23:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	39:26	26:17	5	18:32	65	18:32	1.50	39:26	26:17	5	18:32	65	18:32
Rad	44.00	1:42:03	2:19	5	20:31	53	23:04	45.50	2:21:29	3:06	5	39:03	60	39:50
Lauf	10.00	51:56	5:11	4	10:24	43	14:37	55.50	3:13:25	3:29	5	49:27	54	54:27