



10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

Detailed evaluation

SCHMIDT, Thorsten

Club: DJK Cappel

Number: 449

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 3:15:32

Speed: 16.88 km/h

Running performance: 3:31 min/km

Rank in course/Total: 65 (of 84)

Rank in course/Men: 55 (of 69)

Best time in course: 2:18:58

Rank in category: 11(of 16)

Best time in the category: 2:39:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	29:18	19:32	5	2:07	33	8:24	1.50	29:18	19:32	5	2:07	33	8:24
Rad	44.00	1:48:52	2:28	12	23:38	58	29:53	45.50	2:18:10	3:02	11	25:23	54	36:31
Lauf	10.00	57:22	5:44	12	14:01	57	20:03	55.50	3:15:32	3:31	11	35:59	55	56:34