



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

SCHLOTT, Christoph

Club: TRI-GECKOS Dortmund

Number: 458

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 3:25:11

Speed: 16.08 km/h

Running performance: 3:42 min/km

Rank in course/Total: 73 (of 84)

Rank in course/Men: 61 (of 69)

Best time in course: 2:18:58

Rank in category: 8(of 9)

Best time in the category: 2:36:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	33:47	22:31	8	11:17	55	12:53	1.50	33:47	22:31	8	11:17	55	12:53
Rad	44.00	1:42:15	2:19	8	17:08	54	23:16	45.50	2:16:02	2:59	7	23:56	52	34:23
Lauf	10.00	1:09:09	6:54	8	30:22	66	31:50	55.50	3:25:11	3:41	8	49:02	61	1:06:13