



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

STARK, Oliver

Club: TSV Aue-Wingeshausen

Number: 453

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 3:29:58

Speed: 15.72 km/h

Running performance: 3:47 min/km

Rank in course/Total: 76 (of 84)

Rank in course/Men: 64 (of 69)

Best time in course: 2:18:58

Rank in category: 16(of 16)

Best time in the category: 2:39:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	33:40	22:26	15	6:29	53	12:46	1.50	33:40	22:26	15	6:29	53	12:46
Rad	44.00	1:48:44	2:28	11	23:30	57	29:45	45.50	2:22:24	3:07	15	29:37	62	40:45
Lauf	10.00	1:07:34	6:45	16	24:13	65	30:15	55.50	3:29:58	3:46	16	50:25	64	1:11:00