



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

LEHBERGER, Regine

Club: TriCologne

Number: 452

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK4 weiblich (35-39 Jahre)

Total time: 3:38:13

Speed: 15.12 km/h

Running performance: 3:56 min/km

Rank in course/Total: 80 (of 84)

Rank in course/Women: 14 (of 15)

Best time in course: 2:36:33

Rank in category: 4(of 4)

Best time in the category: 2:44:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	1.50	31:17	20:51	3	3:55	8	4:32	1.50	31:17	20:51	3	3:55	8	4:32				
Rad	44.00	2:01:14	2:45	4	29:14	15	32:57	45.50	2:32:31	3:21	4	33:09	13	36:49				
Lauf	10.00	1:05:42	6:34	4	20:27	15	24:51	55.50	3:38:13	3:55	4	53:36	14	1:01:40				