



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

**REMCHEN, Reinhold**

Club: Mein persönlicher Favorit

Number: 273

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 2:37:49

Speed: 9.50 km/h

Running performance: 6:11 min/km

Rank in course/Total: 154 (of 157)

Rank in course/Men: 112 (of 115)

Best time in course: 1:04:56

Rank in category: 16(of 16)

Best time in the category: 1:08:51

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	22:12	44:23	16	13:18	113	14:10	0.50	22:12	44:23	16	13:18	113	14:10
Rad	20.00	1:41:50	5:05	16	1:01:12	112	1:04:43	20.50	2:04:02	6:03	16	1:14:30	112	1:18:12
Lauf	5.00	33:47	6:45	16	14:28	111	16:33	25.50	2:37:49	6:11	16	1:28:58	112	1:32:53