



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

SELKER, Torsten

Club: Tri-Sport-Team TV Verl

Number: 194

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 1:04:56

Speed: 23.10 km/h

Running performance: 2:33 min/km

Rank in course/Total: 1 (of 157)

Rank in course/Men: 1 (of 115)

Best time in course: 1:04:56

Rank in category: 1(of 13)

Best time in the category: 1:04:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	8:41	17:22	2	0:18	5	0:39	0.50	8:41	17:22	2	0:18	5	0:39
Rad	20.00	37:09	1:51	1	-	2	0:02	20.50	45:50	2:14	1	-	1	-
Lauf	5.00	19:06	3:49	3	1:52	5	1:52	25.50	1:04:56	2:32	1	-	1	-