



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

BUSCHKÜHL, Aloys

Club: LG Warstein-Rüthen

Number: 149

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 1:06:52

Speed: 22.43 km/h

Running performance: 2:37 min/km

Rank in course/Total: 5 (of 157)

Rank in course/Men: 5 (of 115)

Best time in course: 1:04:56

Rank in category: 3(of 13)

Best time in the category: 1:04:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	10:09	20:18	5	1:46	22	2:07	0.50	10:09	20:18	5	1:46	22	2:07
Rad	20.00	39:29	1:58	3	2:20	4	2:22	20.50	49:38	2:25	3	3:48	7	3:48
Lauf	5.00	17:14	3:26	1	-	1	-	25.50	1:06:52	2:37	3	1:56	5	1:56