



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

BREISER, Dennis

Club: Iserlohner Tri Team

Number: 204

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 1:08:51

Speed: 21.79 km/h

Running performance: 2:42 min/km

Rank in course/Total: 7 (of 157)

Rank in course/Men: 7 (of 115)

Best time in course: 1:04:56

Rank in category: 1(of 16)

Best time in the category: 1:08:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	8:54	17:48	1	-	8	0:52	0.50	8:54	17:48	1	-	8	0:52
Rad	20.00	40:38	2:01	1	-	10	3:31	20.50	49:32	2:24	1	-	5	3:42
Lauf	5.00	19:19	3:51	1	-	7	2:05	25.50	1:08:51	2:41	1	-	7	3:55