



# 10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

**SCHENKER, Emeli**

Club: SC Hellweg Werl

Number: 3

Course: 6.22 km

Schüler- und Jugendtriathlon (0,2-5,00-1,00)

Category:

weibliche Jugend B (14+15 Jahre)

Total time: 22:58

Speed: 15.67 km/h

Running performance: 3:41 min/km

Rank in course/Total: 4 (of 28)

Rank in course/Women: 1 (of 10)

Best time in course: 22:58

Rank in category: 1(of 4)

Best time in the category: 22:58

### Intermediate times

### Stage score

### Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Schwimmen      | 0.20        | 3:35          | 17:55           | 1           | -              | 1            | -               | 0.20          | 3:35          | 17:55           | 1           | -              | 1            | -               |
| Wechsel S -> R | 0.01        | 2:10          | 216:39          | 1           | -              | 3            | 0:24            | 0.21          | 5:45          | 27:22           | 1           | -              | 1            | -               |
| Rad netto      | 5.00        | 11:17         | 2:15            | 2           | 11:14          | 3            | 11:14           | 5.21          | 17:02         | 3:16            | 3           | 9:30           | 4            | 9:30            |
| Rad            | 0.01        | 1:30          | 150:00          | 1           | -              | 4            | 0:13            | 5.22          | 18:32         | 3:33            | 1           | -              | 1            | -               |
| Lauf           | 1.00        | 4:26          | 4:26            | 1           | -              | 4            | 0:06            | 6.22          | 22:58         | 3:41            | 1           | -              | 1            | -               |