



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

MENNEKES, Kevin

Club: Lokomotive Weringhausen

Number: 252

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK1 männlich (20-24 Jahre)

Total time: 1:10:11

Speed: 21.37 km/h

Running performance: 2:45 min/km

Rank in course/Total: 8 (of 157)

Rank in course/Men: 8 (of 115)

Best time in course: 1:04:56

Rank in category: 1(of 5)

Best time in the category: 1:10:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:19	18:37	1	-	12	1:17	0.50	9:19	18:37	1	-	12	1:17
Rad	20.00	40:22	2:01	1	-	7	3:15	20.50	49:41	2:25	1	-	9	3:51
Lauf	5.00	20:30	4:05	1	-	11	3:16	25.50	1:10:11	2:45	1	-	8	5:15