



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

WERNKE, Philine

Club: Tri-AS Hamm

Number: 316

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

Juniorinnen (18+19 Jahre)

Total time: 1:09:03

Speed: 21.72 km/h

Running performance: 2:44 min/km

Rank in course/Total: 3 (of 19)

Rank in course/Women: 2 (of 10)

Best time in course: 1:07:38

Rank in category: 1(of 1)

Best time in the category: 1:09:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.20	4:54	24:30	1	-	3	1:11	0.20	4:54	24:30	1	-	3	1:11
Rad	20.00	43:12	2:09	1	-	1	-	20.20	48:06	2:22	1	-	2	0:59
Lauf	5.00	20:57	4:11	1	-	2	0:26	25.20	1:09:03	2:44	1	-	2	1:25