



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

DAUBER, Mario

Club: VFL Marburg/www.dassportwerk.de

Number: 280

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 1:13:23

Speed: 20.44 km/h

Running performance: 2:53 min/km

Rank in course/Total: 14 (of 157)

Rank in course/Men: 13 (of 115)

Best time in course: 1:04:56

Rank in category: 5(of 13)

Best time in the category: 1:04:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:54	19:48	4	1:31	19	1:52	0.50	9:54	19:48	4	1:31	19	1:52
Rad	20.00	41:20	2:04	5	4:11	13	4:13	20.50	51:14	2:29	5	5:24	10	5:24
Lauf	5.00	22:09	4:25	5	4:55	28	4:55	25.50	1:13:23	2:52	5	8:27	13	8:27