



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

ORT, Andreas

Club: TSV-Rüthen

Number: 302

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 1:12:01

Speed: 20.83 km/h

Running performance: 2:52 min/km

Rank in course/Total: 4 (of 19)

Rank in course/Men: 2 (of 9)

Best time in course: 1:04:46

Rank in category: 1(of 1)

Best time in the category: 1:12:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.20	4:14	21:09	1	-	2	0:05	0.20	4:14	21:09	1	-	2	0:05
Rad	20.00	47:32	2:22	1	-	3	6:58	20.20	51:46	2:33	1	-	3	7:03
Lauf	5.00	20:15	4:02	1	-	2	0:12	25.20	1:12:01	2:51	1	-	2	7:15