



10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

Detailed evaluation

ODENTHAL, Arne

Club: TriFun Henneseer

Number: 29

Course: 6.22 km

Schüler- und Jugendtriathlon (0,2-5,00-1,00)

Category:

männliche Schüler A (12+13 Jahre)

Total time: 23:49

Speed: 15.12 km/h

Running performance: 3:50 min/km

Rank in course/Total: 6 (of 28)

Rank in course/Men: 5 (of 18)

Best time in course: 19:37

Rank in category: 1(of 5)

Best time in the category: 23:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.20	5:07	25:34	2	0:02	7	1:37	0.20	5:07	25:34	2	0:02	7	1:37
Wechsel S -> R	0.01	2:16	226:39	1	-	4	0:21	0.21	7:23	35:09	1	-	6	1:49
Rad netto	5.00	10:40	2:07	2	10:37	6	10:37	5.21	18:03	3:27	2	10:14	7	10:26
Rad	0.01	1:23	138:19	1	-	3	0:23	5.22	19:26	3:43	1	-	4	3:38
Lauf	1.00	4:23	4:23	2	0:03	5	0:34	6.22	23:49	3:49	1	-	5	4:12