



## 10. ITH-Henneseer-Triathlon

Meschede / 24.06.2017

### Detailed evaluation

**FAUST, Boris**

Club: FC Lennestadt

Number: 141

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 1:16:22

Speed: 20.03 km/h

Running performance: 2:59 min/km

Rank in course/Total: 25 (of 157)

Rank in course/Men: 24 (of 115)

Best time in course: 1:04:56

Rank in category: 9(of 17)

Best time in the category: 1:05:58

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Schwimmen | 0.50        | 10:41         | 21:22           | 6           | 2:39           | 28         | 2:39          | 0.50        | 10:41         | 21:22           | 6           | 2:39           | 28         | 2:39          |
| Rad       | 20.00       | 43:48         | 2:11            | 7           | 4:17           | 21         | 6:41          | 20.50       | 54:29         | 2:39            | 8           | 6:25           | 26         | 8:39          |
| Lauf      | 5.00        | 21:53         | 4:22            | 8           | 3:59           | 25         | 4:39          | 25.50       | 1:16:22       | 2:59            | 9           | 10:24          | 24         | 11:26         |